

# **KIWANIS PERFORMING ARTS CENTRE**

## **DANCE PARENT & STUDENT HANDBOOK**

**2020/2021  
DANCE SEASON**



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## **WHO WE ARE:**

The Kiwanis Performing Arts Centre (KPAC) is a staple in the community of Dawson Creek, mentoring generations of performers and fostering a lifelong love of the arts in all students, members and facilitators. Our mission is to grow the performing arts community by providing classes, including dance, for students of all ages and skill levels. From the absolute beginner to the aspiring professional, we aim to provide engaging and professional instruction in a variety of genres, thereby continuing KPAC's established tradition of equipping students with both technical and performance skills and an appreciation for the arts as a means of self-expression and recreation.

We have created this handbook to offer our dance students and their parents a clear understanding of their commitments and responsibility to the KPAC and the dance program.

KPAC reserves the right to refuse any registration for any of our programs.

## **KPAC MEMBERSHIP:**

KPAC Memberships are renewed every September, a \$20.00 will be applied to your first invoice. Membership allows you one vote; as a charity the KPAC is managed by an elected Board of Directors, every October the KPAC holds an Annual General Meeting where those who have paid a membership are able to use their vote to elect the KPAC Board of Directors. Members can also attend monthly Board meetings where they can hear about the financial stability of the KPAC

## **COMMUNICATION:**

For the dance program, all of our communication is done via email. Paper notices are rarely sent home. We will add you to our email list, but if you are not receiving notices (one will be sent in August) it is your responsibility to contact the KPAC office (kpacdance@gmail.com) and be sure the email address we have is your correct address. Please check your Junk Mail folder.

Communication is integral to your child's dance education. Stay informed. Read all information that is sent by email and take time to understand it all. Information related to the dance season (rehearsal notices, workshop dates, etc.) will be posted on the bulletin board located on the lower level of KPAC (across from the lockers near the dance studios).

## FULL SEASON DANCE CLASSES:

**\*All Dancer ages as of December 31.**

**\*\*Classes are subject to cancellation or class ages maybe combined in some styles due to registration.**

**Listed below are the type of dance classes and length of each per age group:**

### **PRE SCHOOL –\*Must be potty trained**

Ballet (age 3 & 4)	45 minutes per week
Tap (age 4)	45 minutes per week
Jazz (age 4)	45 minutes per week

### **KINDERGARTEN (age 5)**

Ballet	45 minutes per week/class
Jazz and Tap	*Kinder classes that have been combined with Pre-Junior classes (age 6/7) will be 1 hour per week/classes)

### **AGE 6–7**

Ballet, Jazz, Tap and Hip Hop	1 hour per week/class
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### **AGE 8–17**

Ballet 1x week	1 hour per week
Ballet 2x week	2 hours per week/ 1hr per class
Pre-Pointe (age 11 + up may be considered)	30 minutes per week*
Ballet–Pointe (assessment required, invite only)	*By invitation, when the dancer has been assessed to be technically ready.
Jazz, Tap and Hip Hop	1 hour per week/class
Contemporary and Lyrical (age 10+)	1 hour per week/class

## **DANCE DISCIPLINES:**

### **Ballet**

*Age 3+*

Ballet is the foundation for all dance disciplines. Ballet is a physical art form that teaches musical awareness, flexibility, body co-ordination, mental quickness, personal confidence and self-discipline.

### **Jazz**

*Age 4+*

Jazz combines upbeat dance styles with elements of Ballet and is influenced by rhythms and technique. Jazz is a fun, upbeat style of dance which combines today's stylish moves with energetic, popular-age appropriate music.

### **Tap**

*Age 4+*

Tap is the discipline where your feet make the music. Paired with popular and classic music, students will learn to improve their timing and coordination while developing rhythmic and syncopated footwork.

### **Hip Hop**

*Age 6+*

This high-energy class not only improves physical fitness, but rhythm, freestyle movement, and self-confidence. This style of dance is funky, energetic and a lot of fun! Hip Hop dance includes a wide range of styles. The fundamentals of both "old school" such as popping and locking and "new school" like, krumping, voguing, wacking, and house are just some of the styles included in this class.

### **Lyrical (must have Ballet or Jazz experience)**

*Age 10+*

Lyrical is a dance style that blends elements of ballet and jazz. It is somewhat smoother and a bit faster than ballet, but not quite as fast as jazz. Movements are used to express strong emotions and are characterized by fluidity and grace with the dancer flowing seamlessly from one movement to another.

**Contemporary (must have prior experience or Ballet experience)**

Age 10+

Contemporary Dance is all about expressing emotion through organic movements and unrestricted lines. Incorporating elements of lyrical Jazz, Ballet and Modern dance, Contemporary is an exciting fusion which allows students to work through powerful and emotional routines.

**Strength & Conditioning**

*\*Competition Mandatory*

Class designed to improve strength, power, and cardiovascular health, as well as improve posture.

This class will also include the proper technique of jumping and turning which are two technical aspects of dance that are used in almost all forms of dance and choreography. By taking technique classes students are able to develop their skills further, learning and improving upon the execution to prevent injury, falling or feelings of instability.

**DANCE ATTIRE:**

Dancers, like any other activity/sport require a certain dress code. Proper grooming is part of the tradition of dance and shows self-respect. Dancers and parents are responsible for ensuring they are correctly dressed for each class.

Style	Age	Required Attire
Ballet	Age 3 – 7	Pink tank bodysuit, pink tights, and pink leather ballet shoes. Skirt or tutu optional (ages 3–5)
Ballet	Age 8 – 17	Black or navy blue tank bodysuit, pink tights, and pink leather ballet shoes.
Jazz	All ages	Jazz shoes (beige), tights and bodysuit, or fitted dance shorts/leggings and tank top.
Tap	All ages	Tap shoes (Oxford style shoes for dancers aged 9+), tights and bodysuit, or fitted shorts/leggings and tank top.
Hip Hop	All ages	Sweat pants/harem pants or leggings, clean white sneakers, and a t-shirt or tank top.

For Hip Hop, Tap, and Jazz, hair must be styled in a ponytail. All ballet classes require a bun. Very short hair must be held back with a head band. Long skirts or tutus are not appropriate for classes as instructors need to be able to observe leg/feet positioning.

**If a dancer is not appropriately dressed, they may be asked to change or sit out and observe.**



**DANCE FEES:**

**\$75 non-refundable deposit due at time of registration. This deposit goes towards the 4th term dance fee's.** First term fees are due the week of September 14, 2020. Payments can be made in full or over 4 terms<sup>1</sup> (term=2 months).

**FEE CALCULATOR**

Hours/Week	\$ per Term	Total Cost (Full Year)	Hours/Week	\$ per Term	Total cost (Full Year)
45 min	\$ 80	\$ 320	3 hours	\$ 250	\$ 1000
1 hour	\$ 100	\$ 400	4 hours	\$ 295	\$ 1180
1.5 hour	\$ 145	\$ 580	5 hours	\$ 340	\$ 1360
1.75 hours	\$160	\$640	6 hours	\$ 385	\$ 1540
2 hours	\$ 185	\$ 740	7 hours	\$ 430	\$ 1720
2.25 hours	\$205	\$ 820	8 hours	\$ 445	\$ 1780
2.5 hours	\$ 225	\$ 900	9 hours	\$ 460	\$ 1840

**Additional costs calculated at registration and payable in September:**

- *KPAC Membership Fee:* \$20/member or \$20/family or \$40 premium membership
- *South Peace Arts Festival Fee:* \$5/class
- *Costume Deposit:* \$40/class; \$20 rental fee per Production-Ballet & Pointe
- *Competition Stream-Additional fee:* \$100 per registered discipline in Competition Stream (no additional fee for Strength and Conditioning)

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<sup>1</sup> Term 1 – September 14, 2020; Term 2 – November 2, 2020; Term 3 – January 11, 2021; Term 4 – March 1, 2021

## **Expected Additional Costs:**

Costumes, dance footwear, bodysuits, tights, Year-End show tickets, pictures, programs, examinations, DVDs, hair supplies, makeup.

Dancers in the competition stream can also expect to spend more on competition entrance fees, travel expenses, additional instruction and production fees (outlined in the Competition section of this Handbook), and possible secondary costumes.

## **COSTUMES:**

Ballet classes require a \$20 costume rental per class/ production. Costume deposits for Tap, Jazz, Hip Hop, Lyrical and Contemporary is \$40 per class.

Costume measurements will be taken during an assigned week by Miss Whitney to ensure proper sizing. Notice will be given ahead of time to ensure that your child is in attendance.

## **COMMITMENT:**

Please carefully consider how many hours a week you want your child to dance. We expect our dancers to commit to their choice, so please choose a commitment level that is suitable for you and your family.

We develop our class schedule based on a variety of factors; teacher/studio availability, skill level, age range, and the number of registered dancers. We aim to provide a schedule that gives dancers the option to study any and all disciplines that they choose. **As such, we unfortunately cannot accommodate other extracurricular activities. If a scheduling conflict arises, the dancer and their parents or guardians must make a choice in order to properly commit to either activity.**

## **WITHDRAWAL FROM CLASSES:**

If for any reason you decide to discontinue classes, you must notify the studio, in writing, no later than November 1, 2020 in order to avoid being held responsible for the remaining costume costs.

The regular dance season is divided into four terms that make up the full year. Term start dates are as follows:

Term 1 – September 14; Term 2 – November 2; Term 3 – January 11; Term 4 – March 1.

**Term fees are due the first week of the first term month.**

**There will be no refunds if the withdrawal notice is received after the first lesson of the term.**

## BEHAVIOUR & ATTENDANCE:

KPAC and Instructor's want the students to develop commitment and respect for dance. We also want dancers to respect their instructors, administration, and their peers in class. This is a group activity and requires that all students behave in a non-disruptive way. All dancers are expected to behave appropriately while in the KPAC building, during class or otherwise.

Excessive tardiness will not be tolerated. Dancers who consistently arrive late (15 minutes or more) will be asked to sit out as they will have missed warm-up. Warm-up is done in each and every class in order to ensure that no injuries occur.

Dancers who miss numerous classes are not progressing in muscle strength, core stability, and technical skills. This will result in the dancer falling behind and possibly not being able to progress to the next skill level. It is also disrespectful to the instructors and the other dancers who have worked hard to progress to a higher level.

Dancers who are injured are required to attend classes and watch. After two lessons a doctor's note is required stating that the dancer is not allowed to dance. Ultimately, observation cannot replace participation.

Please **email** if your dancer is unable to make it to class. We do keep attendance. A **consequence of too many absences is that dancers may not be allowed to perform their dances.**

***Competition stream***—Unexcused absences are not acceptable. If the dancer will not be attending the competition practices, parents **must** inform **KPAC administration via email**. Attendance becomes **mandatory** for competitive students in January.

***Recreation stream***—After two un-notified absences, KPAC administration will contact the parent via email. If there is no response to that email, the student may be withdrawn from the dance program. Please keep KPAC administration

informed of absences as instructors need to be made aware of who will be attending class.

After March 1, **100% attendance** is required in order to participate in any performance. (Ex: Festival of the Arts, dance competitions, Year End Shows). In order to present the best possible show, dress rehearsals for the year end shows are **mandatory** for all dancers. Extenuating circumstances will be considered if a dancer must miss a practice due to a physical or family emergency.

If fees are not paid in full before year-end recitals, dancers will not be permitted to dance in year-end recitals.

**ONLY in exceptional cases will parents or guardians be permitted to watch rehearsals for year-end recitals. Parents or guardians are NOT permitted at year-end rehearsals unless they have been pre-approved and pre-arranged by the KPAC Office a week in advance.**

## **STUDENT CLASS PLACEMENT:**

There is no benefit for children to be placed in a class that is not at their ability level. It is hard on the child, the other children in the class, and on the teacher dealing with a variety of skill levels. Where possible in the recreation program, students will be placed on skill level. However, due to registration in September, ages and skill levels may be combined for classes to run. For the dancers accepted into Dance Extensions, placement is strictly based on the following factors noted below as demonstrated in the previous dance year.

KPAC, with the input from our instructors, places students in classes according to their abilities based on their abilities both skill and performance, as demonstrated in the previous year. In order to both decrease the chance of dance injury and to ensure that dancers have the best chance for succeeding; and an overall enjoyable experience each student will be placed in a group appropriate for their skill level. This is a reflection of caring teachers who want to find a class that best suits each child's physical, mental and social needs.

The following factors are discussed when placing students in classes:

Technical ability, maturity, commitment and level of dedication (as demonstrated by attendance and work ethic in class), attitude (towards other dancers and instructors), style and presentation, musicality, physicality, attendance history and the ability to receive constructive feedback. The physical development of the muscles, bones and tendons are also taken into account, especially with consideration in the Pointe class.

## **PERFORMANCES:**

**If a dancer is enrolled in more than one discipline, the parents and dancers must expect participation in more than one Year-End show.**

As we have numerous dancers participating, allocation of dancers in each show is at the discretion of the KPAC Office with input from the KPAC dance instructors for the overall plan for each year-end show.

All dancers are registered and scheduled to perform in the Peace River South Arts Festivals and the KPAC Year End Shows. Students may also have the opportunity to perform in various additional shows and recitals (ex: Christmas recital; Solo, Duo, Trio Show, etc.).

**Important - Dancers learning solos, duets, or trios, (if interested) are responsible for registering themselves for the Peace River South Festival of the Arts through the KPAC Office once Arts Festival forms become available.**

## **TEACHER ZONE:**

We will be using Teacher Zone this year, which allows for registration, scheduling and even class content online! We will of course have our paper options available for registration, but this will allow our teachers to be able to assign videos that demonstrate technique, combinations, and even choreography so that your children can practice at home. We will also be able to set up livestream and prerecorded classes in the event of another shut-down, illness, or bad weather so that you will not have to miss any classe

## COVID-19:

- Follow traffic flow signage and directions
- Sign in at front lobby
  - Contact Trace list for all users of our building
- Do not enter KPAC if you are feeling sick or unwell
  - Fever
  - Cough
  - Chills
  - Muscle Pain
  - Headache
  - Sore Throat
  - Shortness of Breath
- No loitering in lobby - couches, toys, and books will be removed and stored
- Maintain Social Distancing (6Feet, 2 meters)
- Student drop off/pick limited to 1 person
- Use provided sanitation stations
- Follow proper handwashing procedures
- Water Fountain will be out of order, patrons will not be able to refill own bottles

**ANY STUDENT WHO IS SENT TO CLASS KNOWINGLY SHOWING ABOVE SYMPTOMS WILL BE SENT HOME IMMEDIATELY & MAY RESULT IN TERMINATION FROM THE PROGRAM**



## THE STUDIO AND BUILDING:

- No gum chewing allowed in class.
- No large and/or hanging jewelry.
- No children under the age of 10 is to be left unattended outside class time.
- No running or yelling in the building. There are multiple users in the building; let's be respectful. Families will be given warnings for disruptive behaviour.
- There is a play corner for young siblings to keep entertained, it is the parents and children and parents are expected to clean up after themselves. If the corner is abused, some items will be confiscated.
- Water bottles are permitted in class. No food or other beverages allowed.
- Watching classes - People popping up and down distracts the dancers. For some children it takes longer to redirect them from the distraction. Please use your discretion when trying to watch.
- Photography – We understand the desire to document your child's class and we love that you are proud of your child but please be aware that photos of other dancers/children are not permitted in order to protect the privacy rights of minors.
- Remove all outside footwear and place them on the racks by the door or on the trays outside the studios.
- Respect all property – your own, the studios, and other dancers'. Please ensure you clean up all your garbage when you leave a space.
- KPAC and the instructors are not responsible for lost or stolen items. Please ensure that dancers clearly label all their: dance shoes, tights, bodysuits, and costumes.
- The lockers across from the lower level washrooms are available to rent for the year to dancers in the KPAC Dance program. Priority will be given to dancers that dance over 5+ hours a week for \$10+GST for the year. If any are available, students age 8+ can request renting a locker for the year. Lockers will be cleared out if they are not assigned to a student.

## INCIDENT REPORTING AND CONFLICT RESOLUTION:

Any incident in the studio will be recorded in an Incident Report. Incident Reports will be filed for:

- Physical injuries
- Interpersonal conflicts (ex: bullying, student altercations, parent altercations)
- Instructor disciplinary actions (ex: asking a dancer to sit out, issuing absence warnings, etc.)

Incident reports will be kept on record in the KPAC office. If conflicts continue, meetings will be arranged with parents and administrators to formulate a plan for conflict resolution.

Code of Conduct: It is our goal that we do our best to resolve conflicts, however, rude and abusive behavior and comments toward staff WILL NOT be tolerated.

Harassment related to the following:

- Emotional
- Physical
- Verbal (derogatory, insults, yelling, belittling, etc.)
- Threats
- Any comments that may imply that our staff do not have the capability to make the decisions needed.

Anyone breaking this code of conduct will be asked to leave. Remember, our main focus is for the students to have the best dance experience, as it is imperative to have a positive learning environment.

KPAC reserves the right to terminate any student's enrollment at any time for misconduct or inappropriate actions by either the student or his or her parent(s).

**IMPORTANT DATES**

<b>Date</b>	<b>Event</b>
September 7	Final Dance Schedule to be e-mailed to registered families
September 14	All dance classes begin
TBD - Late September	FIRST Dance Parent Committee Orientation Meeting
October 12 – 18	NO CLASSES
October - TBD	KPAC AGM
<b>Saturday</b> December 19	Last day of classes
December 21 – January 3	KPAC CLOSED for WINTER BREAK – NO CLASSES
January 1	Attendance becomes <b>Mandatory</b> for Competition Dance Stream
January 11	All dance classes resume
February 17	FAMILY DAY – NO CLASSES
TBD-Late February	KPAC Solo, Duo, Trio Show
March 1	Attendance becomes <b>Mandatory</b> for Recreational Dance Stream
TBD-Early March	Dance Photos
<b>Monday</b> March 13	Last day of classes
March 15-26	SPRING BREAK–NO CLASSES
<b>Saturday</b> March 27	Classes resume.
April 2 - 5	EASTER WEEKEND-NO CLASSES
April 23 and 24 *to be confirmed	Peace River South Festival of the Arts - Dance section
April 28 *to be confirmed	Arts Festival Honours Concert
<b>Monday</b> May 10	Last regular DANCE CLASS
May 12 and 13 *to be confirmed	Year End Finale Rehearsals – <b>MANDATORY</b>

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May 14 *to be confirmed	Year – End Ballet Recital
May 15 *to be confirmed	Year – End Finale (Variety, all disciplines <b>except</b> Ballet)
June 1 – 30	Spring Session dance classes (classes TBA)
July 5	Returning Family Registration
July 19	New Family Registration

**Other Important Dates – To Be Announced**

- Competition dates (for dancers in competition stream)
- Costume payment and collection—end of January to mid–February
- Ticket sales for Year-End Shows

## **COMPETITION STREAM**

### *Dance Extensions–Travelling Competition Team*

Dance Extensions is for KPAC Dancers aged **8–17**. Placement is based on the following: minimum two years' dancing experience in chosen discipline, dancer's commitment, attendance, skill level, performance ability, and work ethic as demonstrated in their previous year of dance.

It is possible for dancers accepted into Dance Extensions to also participate in the recreation dance program. If a dancer does not qualify for all competition styles (Ballet, Contemporary, Lyrical, Jazz, Hip Hop, Tap), they will be placed in classes for the recreation program. Example – if a student wants only to compete jazz and ballet, but still wishes to learn tap and hip hop, they may be admitted into competition jazz and ballet, as well as recreation tap and hip hop. For scheduling purposes, dancers may be unable to enroll in both competition and recreation streams of the same dance style.

For Dancers wanting to compete in Contemporary, Jazz, or Lyrical, Ballet is **MANDATORY**. Why? Ballet technique is the foundation for all the technical moves performed in the three mentioned disciplines. From our research of other competitive dance programs in the Province of BC, Ballet is a mandatory requirement as part of any competitive dance program for these three disciplines as well.

Strength & Conditioning is a **MANDATORY** class for all competition students. This class allows students to work on the more technically difficult components. The conditioning aspect of this class is to instruct dancers how to condition their bodies to help prevent injury.

There will be opportunities for recreation and competition streams to perform together in a number of production numbers such as the year-end recital finales, ballet productions (such as Nutcracker), or any extra production numbers where time allows rehearsal throughout the year (Christmas tree light up, Fall Fair

parade, etc.). For these types of production numbers, they will largely be learned in class, but may also require occasional extra weekend rehearsals.

While competition offers a new facet of dance performance to dancers, the competition stream may not be well-suited to all dancers. Competition will require a greater time commitment than recreation classes and some students who are involved in many other extracurricular activities (sports, theatre, community groups, etc.) may prefer to dance partly or solely in the recreation stream. Similarly, dancers who would prefer a more easy-going dance year with fewer performances may choose to dance partly or solely in the recreation stream. Dancers in the recreation stream will still perform in the Peace River South Festival of the Arts and in the KPAC Dance Year End Recitals. In addition to those performances, and based on the dates for various festival and competitions, Dance Extensions dancers will also be required to perform in different regional dance competitions which may include competitions in Northern BC, Southern BC and the Alberta area.

For Dance Extensions, the competition instructors may decide to compete extra numbers with certain Dance Extensions classes. Dance Extensions will never exceed two bonus numbers a year. These bonus numbers are additional to regularly scheduled classes and will be scheduled on weekends. Classes, practice dates, and extra fees will be announced before the season starts in September.

### **COMPETITION STREAM - ADDITIONAL COSTS:**

Dancers who qualify for the competition stream are required to pay additional fees.

*Competition fees* –All competition dancers will be required to pay entrance fees for all the competitions they attend, which may be up to five different competitions (ex: Peace River South Festival of the Arts in Dawson Creek, Standing Ovation in Dawson Creek, Peace River North Festival of the Arts, Northern Force Dance Challenge in Grande Prairie, Prince George Dance Festival). Due no later than October 31 (this includes coverage for solos, duos,

and trios).

*Costume fees* – All KPAC Dancers (both recreation and competition) are required to pay a costume deposit in September to pay for their costumes for the dance season, with the remaining costume balance being paid in February.

*Competition Term Fees* – Dancers in the Competition Stream will be required to pay term fees of \$100 per registered group competition class, per year. That amount will be invoiced in November, these fees are to cover the travel cost and accommodation for a competition instructor to represent and coordinate the competition dancers at each competition.

*Bonus Production Competition Fees*–Dancers in competition classes chosen to perform bonus numbers that will be competed at competitions are required to pay additional fees of \$40 per production. This covers the cost of three choreography classes and one cleaning class to be booked on weekends, as well as the numbers competition entry fee.

*Competition Team Jackets*–Jackets are a mandatory purchase for Dance Extension Competition students as they are considered part of the team's uniform.

If you and your child need some assistance with fees, please inquire about the funding opportunities provided through the Canadian Tire Jumpstart program online at <https://jumpstart.canadiantire.ca/>

## **SOLOS, DUETS, TRIOS**

### **Who is eligible to learn and perform a solo, duet, or trio?**

Any registered intermediate or senior KPAC dancer (aged 8 and up) is eligible to request a solo, duet, or trio with any KPAC dance instructor of their choosing. If the choreographer/instructor is not indicated, then the KPAC Office will match the dancer to choreographers/instructors who have expressed interest in offering their services to the student. Dancers in either the competition or the recreation stream can only request choreography for a solo, duet, or trio in dance styles in which they have a minimum of three years' experience (jazz, tap, hip hop, ballet, contemporary, lyrical, pointe, music theatre, international).

### **How do I register my child for a solo, duet, or trio?**

Solos, duets, and trios are open to **any KPAC dancer aged 8 to 17<sup>2</sup>**. All dancer inquiries regarding booking a Solo, Duet and Trio must be brought to the KPAC Administration during registration so that arrangements with the instructor/choreographer can be made. An agreement will be made between the dancer(s), the instructor, and KPAC Administration. Whether a student is eligible for a solo, duo, or trio is dependent on choreographer availability and choreographer discretion regarding student's abilities. Choreographers have the right to refuse offering their services. Once arrangements have been made, the dancer will have to pay their fees to the KPAC office. The KPAC office will be responsible for booking rehearsal times and spaces and paying the instructor. Solos, duos, and trios are additional costs that fall outside regular dance term fees.

### **What is the cost of doing a solo, duet, or trio?**

This fee pays for the instructor's choreography in three teaching sessions, three studio rentals for each session, and admin fees. The three rehearsals will be

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<sup>2</sup> All ages indicated are the ages the dancer must be by December 31.



scheduled for the instructor's and dancer's convenience. If any extra rehearsals are needed, the dancer will be required to pay **an additional \$42 per extra 1-hour rehearsal or \$21 per half hour rehearsal** to cover the cost of instruction and studio rental.

- Solos will cost \$330; paid by one dancer.
- Duos will cost \$360; paid by two dancers (\$180 per dancer).
- Trios will cost \$390; paid by three dancers (\$130 per dancer).

Upon reaching an agreement between the dancer(s) and instructor, a contract will be made between the dancer, the instructor, and KPAC. All studio bookings for solos, duos, and trios are to be booked through the KPAC Administrative Office.

### **Where will my child(ren) be performing their solo/duet/trio?**

Any dancer who takes on an additional solo, duet, or trio performance will be eligible to register their routine in the Peace River South Festival of the Arts and/or enter it into the KPAC Solo, Duo, Trio show in March. Dance Extension dancers who have solos, duos, or trios are able to register their routines at any or all of the approved regional competitions and must notify the KPAC Office at the deadline (to be announced in an e-mail at a later date).

Additionally, dancers in their senior year of dance (age 17-18) might be invited to perform their solo in one of the KPAC Dance Year End shows.

Dates of all competitions, festivals, and shows will be announced once they have been confirmed. Dance Extension dancers who have completed solos/duet/trios are responsible for paying their own competition fees. As such, competition dancers are responsible for notifying the KPAC Administration of the competitions they want their solos, duos, and trios competed in by the stipulated deadline that will be sent out in an e-mail.

## **Is there a limit on how many solos/duets/trios a dancer can do?**

Each KPAC instructor is limited to teaching up to ten solos/duet/trios. As such, there may not be enough instructor availability for each dancer to do multiple solos/duets/trios. In general, we would advise that a dancer be in no more than three solos/duets/trios in order to still allot appropriate time to perfecting their other routines.

## **STUDENT TEACHER MENTOR**

The KPAC Dance program has a long history of providing mentorship to dancers in the program wanting to pursue careers in the performing arts. Many of our current instructors at one point were student teachers. As such, KPAC is committed to continuing this tradition of offering mentorship opportunities to our students.

In the mentorship program, interested students will be matched with a KPAC dance instructor for one or possibly two classes depending on the student's dance schedule. The student teacher mentorship program is a voluntary program. Students will not receive payment for their participation. If the arrangement works for both the student and the instructor, an agreement will be signed by both parties. Either party can terminate the mentorship agreement at any time, providing just cause, in writing to the KPAC administrative office. For Student Teaching Assistants age 15+, based on evaluations from mentor throughout the dance year (September–May), student teaching assistants may be eligible for summer student instructor positions available in the months of July–August.

With the mentorship, student assistants are required to commit to a minimum of 26 hours. This is equal to mentoring in a 1-hour class once-a-week for the duration of the KPAC Dance Year (September to May). To be considered for possible summer student employment for July and August, students must have exemplary evaluations provided from their mentors and must be 15 years of age by July/August, have an excellent attendance record, as well as have completed

over 30 hours of volunteer experience through KPAC. Extra volunteer hours can be acquired by assisting with KPAC Dance fundraising or team building events.

### **Benefits to Students:**

- Teaching experience in a positive, caring environment that will include:
  - How to develop a class plan and how to implement it
  - How to instruct, which will include how to properly conduct a warm-up and cool-down to prevent injury
  - How to develop age appropriate choreography and how to cut music
  - How to handle disruptive students in a studio setting
- Possible volunteer credit hours for high school students in their graduating year
- Valuable work experience in a non-profit performing arts setting
- Opportunity to be hired as a paid summer student dance instructor

Dancers interested in participating in the student teacher mentorship can express their interest by contacting the KPAC administrative office before the dance season begins (September). If students do not note dance style or instructor that they would like to mentor with, KPAC will match students with instructors based on the student's dance background and the dance classes that could benefit from a student teacher. Students could be placed in classes age preschool to age 10 as a student teacher assistant.

## **DANCE PARENT COMMITTEE**

Parents who volunteer their time to be a part of the committee have the opportunity to plan fun events that create a positive experience for the KPAC Dance students and families such as, but not limited to: organizing KPAC Dance team building events, fundraising for the KPAC Dance Program, volunteer time for dance related events such as recital performances, fundraisers, parades, etc. Any money fundraised via the committee goes directly to the dance program. The committee has the option to meet once a month or as necessary and will work with KPAC Administration to fundraise or coordinate events that benefit the KPAC Dance Program.

Members of the committee will have input on how money is allocated, such as booking a fun event for all KPAC dancers, paying to bring up choreographers for workshops, or investing in props and costumes for productions, etc. The KPAC administrative office will handle the funds and notify the committee of where money needs to be fundraised or other opportunities that may benefit the KPAC Dance Program.

The first meeting will be scheduled for late September at KPAC. At this meeting, one parent will be nominated to act as the representative for the committee and who will be the direct contact between the committee and the KPAC Administrative Office.

If this is something that you, as a dance parent, are interested in participating in, please e-mail [kpacdance@gmail.com](mailto:kpacdance@gmail.com).

DANCE 2020/2021

I have read and agree to the terms of this dance handbook  
I, understand that failure to adhere may result in termination from the program

\_\_\_\_\_ parent/ guardian of  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please sign and return to the KPAC office by September 14 2020